

SUMMER WEEKLY MENU 2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN EVENT



SPAGHETTI BOLOGNESE

CHICKEN KIEV
*SERVED WITH
JACKET WEDGES
& SWEETCORN*

GF ROAST PORK
*SERVED WITH
ROASTED POTATOES
& SEASONAL
VEGETABLES*

CHINESE DAY
GF STIR FRY PORK
*IN BLACK BEAN SAUCE
SERVED WITH RICE*

BREADED
COD GOUJONS
*SERVED WITH HERB
DICED POTATOES
& PEAS*

STIR FRY QUORN &
VEGETABLES IN A
TERIYAKI SAUCE
SERVED WITH NOODLES

MEDITERRANEAN
ROASTED VEG &
MOZZERELLA
TARTLETT
*SERVED WITH
JACKET WEDGES*

ROASTED QUORN
*SERVED WITH
ROASTED POTATOES
& SEASONAL
VEGETABLES*

STIR FRY VEGETABLE
SPRING ROLL
SERVED WITH RICE

RICOTTA CHEESE &
SPINACH TORTELLINI
*SERVED WITH
GARLIC BREAD*

GF JACKET POTATOES & FILLINGS
DAILY ON THE HOT FOOD COUNTER

DELI BAR

A SELECTION OF BREADS, FILLINGS & SALADS ON THE DELI BAR
& A CHOICE OF SAVOURIES IN THE HOT SNACK BAR

D8 GRAB & GO

PRE BOXED SANDWICHES, OTHER ITEMS ARE AVAILABLE
IN THE DELI 'GRAB & GO' FRIDGE
ALONG WITH UPTONS PASTA CART & PANINI BAR
A SELECTION OF HOMEMADE CAKES & BISCUITS
AVAILABLE DAILY

