

SUMMER WEEKLY MENU 1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN EVENT



GF CHICKEN
TIKKA MASALA
SERVED WITH RICE

HUNTERS CHICKEN
*SERVED WITH HERB
DICED POTATOES &
SWEETCORN*

GF ROAST BEEF
*SERVED WITH
ROASTED POTATOES
& SEASONAL
VEGETABLES*

BREADED CHICKEN
WRAP
WITH BBQ SAUCE &
MIXED LETTUCE
*SERVED WITH
SWEET POTATO FRIES*



FISH & CHIP SHOP DAY
*OVEN BAKED COD
SERVED WITH CHIPS
& PEAS*

VEGETARIAN
SAMOSA
WITH A TIKKA SAUCE
SERVED WITH RICE

5 BEAN CHILLI & RICE
BURRITO
*WITH SALSA
& TORTILLAS*

ROASTED QUORN
*SERVED WITH
ROASTED POTATOES
& SEASONAL
VEGETABLES*

TUNA & SWEETCORN
PASTA BAKE
*SERVED WITH
GARLIC BREAD*

GF PLAIN OMELETTE
*SERVED WITH
CHIPS & PEAS*

GF JACKET POTATOES & FILLINGS
DAILY ON THE HOT FOOD COUNTER

DELI BAR

A SELECTION OF BREADS, FILLINGS & SALADS ON THE DELI BAR
& A CHOICE OF HOT SAVOURIES IN THE SNACK BAR

D8 GRAB & GO

PRE BOXED SANDWICHES, OTHER ITEMS ARE AVAILABLE
IN THE DELI 'GRAB & GO' FRIDGE
ALONG WITH UPTONS PASTA CART & PANINI BAR
A SELECTION OF HOMEMADE CAKES & BISCUITS
AVAILABLE DAILY



