



Year 7 Parents : E-safety

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Romeo and Juliet 2017

- <https://www.youtube.com/watch?v=FNSXxf-luKM>

The Internet is great

- Research
- Communication
- Creativity
- Creating content
- Shopping

STAYING SAFE ONLINE



And finally... more and more research is demonstrating the negative effects that electronic devices can have on sleep patterns. Your bedroom should be a place of calm and rest. Having electronic devices - mobiles, iPads, laptops - in your bedroom when you are trying to sleep is not a good idea

Advice from CEOP and ParentZone

- Building a child's digital resilience will keep them safer than blocking or filtering.
- Balance taking an interest in your child's online activities with giving them the space to be independent.
- Don't be afraid to set boundaries.
- Concentrate on how children use digital media rather than for how long.

What you can do

- Join social networks
- Check out games via YouTube
- Keep communication open
- Keep a close eye on your daughter online as well as offline
- Google search your child's name
- Any incidents – screenshot the evidence



<https://www.youtube.com/watch?v=-IOOn2wR8bU>