

Where Can I Go For Support In Sixth Form?

Designated Safeguarding Lead [DSL]

Mr Jones

If you have any concerns about your safety or the safety of someone else please speak to Mr Jones.

Director of Sixth Form

Miss Griffiths

For guidance, progression, support with wellbeing and support with your sixth form journey.

Assistant Director of Sixth Form

Mrs Roberts

For support with wellbeing, study, behaviour or any sixth form concerns.

Support Inside Of School

Form Tutor

Any trusted teacher or member of staff.

Assistant Director of Sixth Form
[Mrs Roberts]

&

Director Of Sixth Form
[Miss Griffiths].

Chaplain

School Counsellor

Confidential emotional support available in school at a subsidised cost to your parents. Your HOY can refer you.

Youth Worker
[Leila]

On a Wednesday in the pastoral office / Chaplaincy Office.
Confidential support & Advice, your HOY can refer you.

Thrive Hub

You must be logged into your school account to access this.

Wealth of mental health resources and links to services you can access for support.

Speak Up

Report any pastoral concerns about yourself or someone else.
You must be logged into your school account to access this.

Support Outside Of School

Kooth

Free, anonymous online counselling & mental health support.

My Mind

Mental health in Cheshire & Wirral support for young people.

Branch

Finds local support on the Wirral for anyone struggling with their mental health - just complete the questionnaire.

Anna Freud Centre

A national centre for mental health support & advice.

Everyturn Talking Therapies - Wirral

Follow the link and complete the self referral.

Talking Therapies - Cheshire

Follow the link and complete the self referral.

Young Minds

Information, advice, and support for mental health challenges.

CYPMHS

Follow the link & complete the self referral.

Merseyside Police

Report a non-urgent crime.

CEOP

Report online sexual exploitation or abuse.

Drop-In Mental Health Support Service

Based at Pilgrim Street Arts Centre,
1 Pilgrim Street, Birkenhead, Wirral, CH41 5EH, and is open from 2pm-6pm Mon-Fri.
Staff are able to support you directly and signpost you to appropriate organisations/support services.

Urgent & Crisis Support Outside School

Childline

Call 0800 111
Confidential support 24/7 for any problem, big or small.

Samaritans

Call 116 123
A listening service available at any time.

Papyrus

Call 0800 068 4141
Support for young people struggling with suicidal thoughts.

If you or someone else is in danger, call 999 or go to A&E.

Remember

It takes courage to ask for help.
Your voice matters.
We will listen.
We will take you seriously.
We will help you.
You matter, we care!

You are not alone.

It's OK to ask for help.
We are here to listen, help and support you.