



Dear Parents

As the Spring Term draws to a close and we approach the Easter holidays, we wanted to share some of the wide range of excellent activities and achievements in which our pupils and students are involved. This has been a long term and as ever, full of lots of talent and success.

Netball

What a great term of netball we have had, with all of our teams from Year 7 to sixth form playing plenty of fixtures with lots of success in a variety of tournaments. The Year 7s are on a fantastic winning streak and won the Wirral League and finished 4th in the Wirral Schools tournament. The Year 8s finished 3rd within their section at the Wirral tournament. It was great to see hard work and determination. Year 9s had a great run in the Sister in Sports competition but got knocked out by a very talented Whitby. The seniors had a brilliant win against Rossall School in Blackpool. They lost in the quarter finals to a very talented Sandbach team. The highlight in the netball season was going to the Sister in Sports finals day at the prestigious Loughborough University with a very talented U16 team. We beat Rossall and South Hunsley with some fantastic netball on display. Finals' day was a fantastic occasion with the girls losing out narrowly. The highlight was Lola Martini achieving the player of the match award and receiving her award from a Loughborough Lightning super star!



PE Newsletter

Spring 2025



Cricket

Both age groups U13 and U15 won the Wirral schools Cricket indoor tournament. Both travelled to the Cheshire finals in Northwich with the U13 finishing 2nd and the U15 finishing 4th. We look forward to lots more cricket in the summer term.



Indoor Athletics

Year 7 and 8 Indoor Athletics teams both qualified for the County Finals. The Year 7 team went on to Win the County Championships and the Year 8 Team finished 4th. We look forward to the outdoor athletics competitions next term.



Cross Country Shrewsbury Relays

We took 4 teams to the Shrewsbury relays. The A team led from the start and the B team battled it out right through to the last leg where they pulled away to take 2nd. Fastest lap times went to Holly, Daisy and Poppy. This was also a special race for Sarah in Year 13 as it was her last ever race for school having competed since she was in Year 7



English Schools National Final in Leeds

The junior girls reached the National Final at Leeds Grammar School finishing 14th overall.



King Henry relays

Brilliant performances from all of the girls at the King Henry relays. They battled it out right until the end where they were just pipped before the line finishing 3rd overall. Holly also achieved second fastest lap time of the day.



Merseyside Schools Cross country

Brilliant running from all the Year 7,8 and 9 teams throughout the 4-race series. Year 7 team winners and Daisy Year 7 individual winner. The 8/9 team joint winners for the series. A brilliant way to finish the season.



Football

Again, great success for our footballers this term. A fantastic performance and battle until the end for the under 13 football team who won the local Utilita Girls Cup. They had a great finals day in Wigan playing some fantastic football. They narrowly missed out in the final losing on penalties!

U15 football team have had a few fixtures against Pensby and West Kirby. They have one fixture left against Wirral Grammar in the Wirral Cup

U13 have secured a place in the semi final of the Merseyside Cup and quarter finals in the Wirral Cup. They also had a great win against Wirral Grammar in the Sisters in Sport. Lots of football still to be played.

We appreciate football is highly competitive and will try our very best to ensure everyone has a game this season.

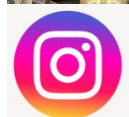


Biathlon

After qualifying from the regional round Poppy, Izzy and Ella went on to the National Final where they finished 4th year 7 team



Rewards Trip to Ninja Warrior



@UptonHallPE



Nominations for GB Catholic Games

Holly C
Petra V
Lily Ho
Dior B

County Selection

Well done to the following pupils for being selected at county level for their sports:

Sophia S – Tensworth Academy Hockey
Olivia Y – Tensworth Academy Hockey
Amalie H – North West Hockey
Amber D – Merseyside Football
Isla L – Merseyside Football
Lucie F – Merseyside Football
Bethany H – Merseyside Netball
Lola M – Merseyside Netball
Daisy McV – Merseyside Cross Country
Poppy B - Merseyside Cross Country
Marie-Ange R - Merseyside Cross Country
Holly C - Merseyside Cross Country

If anyone else would like to share their individual successes with us, please email in.