

THE KITCHEN

— *at Upton* —

WEEK ONE MENU

MONDAY

Homemade Chicken
Curry, Rice & Naan
Bread

Veggie Curry, Rice
& Naan Bread

Pasta Cart
Deli
Baked Potato

TUESDAY

Chicken Fajitas with
soft tortilla, Salad,
Guacamole, Sour
Cream, Salsa &
Cheese

Vegatable Fajitas
with soft tortilla,
Salad, Guacamole,
Sour Cream, Salsa &
Cheese

Pasta Cart
Deli
Baked Potato

WEDNESDAY

Beef Burger with
Potato Wedges &
Beans

Veggie Burger with
Potato Wedges &
Beans

Pasta Cart
Deli
Baked Potato

THURSDAY

Cheese & Tomato
Pizza with Salad &
Corn on the Cob

Cheese & Pepperoni
Pizza with Salad &
Corn on the Cob

Pasta Cart
Deli
Baked Potato

FRIDAY

Southern Fried Cod
goujons, Chips, Peas
or Beans & Sweet
Chilli Mayo

Quorn Goujons,
Chips, Salad & Sweet
Chilli Sauce

Pasta Cart
Deli
Baked Potato