

# THE KITCHEN

— *at Upton* —

## WEEK TWO MENU

### MONDAY

Crispy Macaroni  
Cheese with Garlic  
Bread & Side Salad

Bolognaise Pasta  
Bake with Garlic  
Bread & Side Salad

Pasta Cart  
Deli  
Baked Potato

### TUESDAY

Tandori Chicken  
Skewers, folded  
Naan, Salad,  
Yoghurt Mint  
Dressing & Samosa

Vegetable Tikka  
Skewers, folded  
Naan, Salad,  
Yoghurt Mint  
Dressing & Samosa

Pasta Cart  
Deli  
Baked Potato

### WEDNESDAY

Chicken Burger  
with Curly Fries &  
Salad

Vegan buttermilk  
quorn Burger, Curly  
Fries & Salad

Pasta Cart  
Deli  
Baked Potato

### THURSDAY

Teriyaki Chicken  
with rice and  
broccoli

Vegetable Teriyaki  
with rice and  
broccoli

Pasta Cart  
Deli  
Baked Potato

### FRIDAY

Battered Cod, Peas,  
Chips & Homemade  
Tartare Sauce

Vegatable Stir Fry,  
Sweet and Sour  
sauce, Rice

Pasta Cart  
Deli  
Baked Potato