



Prayers for people who care for us



This week's prayers are prepared by Bellerive FCJ and Upton Hall FCJ



Monday 5th October



Read the scripture together, each taking a line to read and then spend a few moments on your own reading. Are there any words, phrases or ideas that come to you?

Sunday Scripture: If there is anything you need, pray for it. (Philippians 4:6-9)

Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Finally, beloved, whatever is true, whatever is honourable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things. Keep on doing the things that you have learned and received and heard and seen in me, and the God of peace will be with you.

We take this time to reflect on how grateful we are for the people in our lives who care about us, such as on the 4th of October we celebrate grandparents day and remember all they have done for us. We also thank you for the unconditional love of our friends and family. In addition, help us not only to appreciate those who care for us but to care for others as well. Amen.

- Gemma, ethos yr 13



Monday 5th October



Dear God,

Your spirit of wisdom fills the earth and teaches us your ways.

We give thanks to our teachers who guide us and equip us with the truth as they help us prepare for our future.

May they continue to shape our hearts as we open our minds today, to the power of knowledge and God's love.

Amen.

- Faye, ethos yr 13

Then said a teacher, Speak to us of Teaching. And he said: No man can reveal to you aught but that which already lies half asleep in the dawning of your knowledge. The teacher who walks in the shadow of the temple, among his followers, gives not of his wisdom but rather of his faith and his lovingness.
Kahlil Gibran – The Prophet

Tuesday 6th October

B:M2020

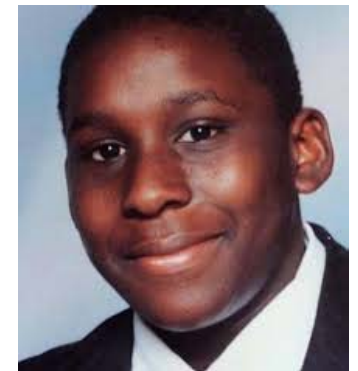
DIG DEEPER, LOOK CLOSER, THINK BIGGER



October is Black History Month in the UK.

Use this time to talk to each other about what you know about Black History in the UK, is your own history connected to this?

Allow people to talk, to tell their stories, to give their views, to share their experiences. It is important that we talk about race, its important that we listen to one another.



Merciful God,

You bring freedom to those who have been oppressed and enslaved. You are the liberator of your people.

May we be a people who advocate for the liberation of people who are pushed down by the systemic injustice and prejudice. May we strive for justice and freedom for all.

Amen.



Tuesday 6th October

The death of killing of George Floyd in May 2020, has started a worldwide awareness of racial injustice. During this month we seek to educate ourselves about race and talk to each other about race so that we grow in understanding and promote justice.

As we pray let us think what this month means to you.

God of justice,

In your wisdom you create all people in your image, without exception.

Through your goodness, open our eyes to see the dignity, beauty, and worth of every human being.

Open our minds to understand that all your children are brothers and sisters in the same human family.

Open our hearts to repent of racist attitudes, behaviours, and speech which demean others.

Open our ears to hear the cries of those wounded by racial discrimination, and their passionate appeals for change.

Strengthen our resolve to make amends for past injustices and to right the wrongs of history.

And fill us with courage that we might seek to heal wounds, build bridges, forgive and be forgiven, and establish peace and equality for all in our communities.

In Jesus' name we pray. **Amen.**

B: M 2020
DIG DEEPER, LOOK CLOSER, THINK BIGGER

Wednesday 7th October



The month of October is dedicated to the Holy Rosary and today we celebrate the feast of Our Lady of the Rosary.

When we say the Rosary we focus on one of four mysteries: Joyful, Sorrowful, Luminous, Glorious.

Pray together a decade of the Rosary (Say together 10 Hail Mary's. You can use your fingers to help you count!)

Hail Mary,
Full of Grace,
The Lord is with thee.
Blessed art thou among women,
and blessed is the fruit
of thy womb, Jesus.
Holy Mary,
Mother of God,
pray for us sinners now,
and at the hour of our death.
Amen.

For this decade we focus on one of the Joyful Mysteries: The Annunciation – The Angel Gabriel appears to Mary and she learns she has been chosen to be the mother of God.

Thursday 8th October

Family

Praying for people who care for us.

*Support
Staff*

Friends

Spend a time of silence to think
about all the people who care for
you.

FCJ Sisters

NHS

Say a prayer for those you bring to
mind.

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Teachers

Neighbours



Thursday 8th October

Abba Father,
We place before you, all the people that care about us.
The people in our lives who feed us,
clothe us,
hug us,
listen to us,
Heal us,
Love us.
May they feel your compassionate care in their lives.
Amen.





Friday 9th October



God has created me to do some definite service. God has committed some work to me which has been not committed to another. I have my mission. I may never know it in this life, but I shall be told it in the next. I am a link in a chain, a bond of connection between persons. have not been created me for nothing. I shall do good; I shall do God's work. I shall be an angel of peace, a preacher of truth in my own place, while not intending it if I do but keep the commandments. Therefore, I will trust God, whatever I am, I can never be thrown away and may serve God.

John Henry Newman (adapted)

Today is the Feast of St John Henry Newman.

Friday 9th October

Examen

This week, who has cared for you?

What or who are you grateful for this week? Take a moment to thank God.

What has been challenging? Have you rejected someone who cares for you? Ask God to help you with this.

As you look ahead to the weekend, what would you like to ask of God?

Today is Cafod Harvest Fast Day, raising money for people affected by covid19 in



Thought for the weekend

10th of October it is World mental health day.

We ask you to bring awareness for the struggles with mental health we all and will all face at some point in our lives. Help us to recognise those who are struggling and offer them kindness and love, caring for them as others care for us.

Pray a decade of the Rosary for people who are struggling with mental health.

Hail Mary,
Full of Grace,
The Lord is with thee.
Blessed art thou among women,
and blessed is the fruit
of thy womb, Jesus.
Holy Mary,
Mother of God,
pray for us sinners now,
and at the hour of our death.
Amen.

