# 'I thirst'

w/c 15th June

On the Feast of the Sacred Heart 1816, Marie Madeleine (FCJ Foundress) was praying before the crucifix when she heard the words of Jesus on the cross as though spoken directly to her: 'I Thirst'.

She understood that Jesus' thirst and love for all people was to become her own.



We welcome year 10 and year 12 back in school. We hold them in our prayers as well as all the others who are learning from home.



#### Prayer for those back in school

#### Loving God,

We thank you for our school community, for all those who are part of it. We give thanks for our education, and for all those who've made it possible for school to partially reopen.

Calm our worries and help us to act responsible, caring for our own and each other's health as we try and protect one another making school as safe as possible.

We remember in our prayers those who are not here with us today and we place in your loving care all who are affected by the Coronavirus. Keep us strong in faith, hope and love.

Bring relief to our sick, console our bereaved, protect those who care for us.

Amen.

# Monday 15<sup>th</sup> June

The Sunday Gospel for yesterday's feast of the Body and Blood of Christ.

Jesus said to the Jewish crowds: "I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world."

The Jews quarreled among themselves, saying, "How can this man give us his flesh to eat?"

Jesus said to them, "Amen, amen, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you. Whoever eats my flesh and drinks my blood has eternal life, and I will raise him on the last day.

For my flesh is true food, and my blood is true drink.

Whoever eats my flesh and drinks my blood remains in me and I in him.

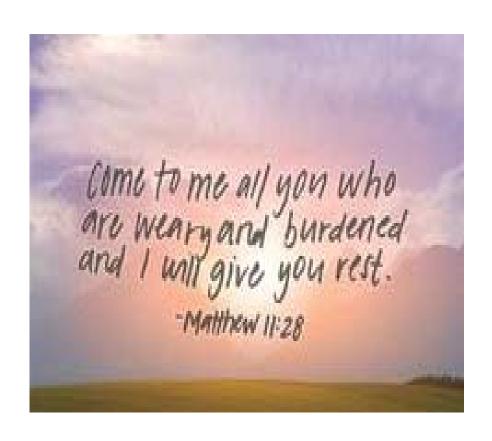
Just as the living Father sent me and I have life because of the Father, so also the one who feeds on me will have life because of me. This is the bread that came down from heaven. Unlike your ancestors who ate and still died, whoever eats this bread will live forever."

Dear God, Jesus promises us life. Many Christians find going to Mass life giving as they celebrate Jesus' promise and being part of a community. We pray for all those who can't go to Mass and receive communion in this time. May we all still feel united in Christ. Amen.



### Monday 15<sup>th</sup> June





Pause for a moment,
What are you worried or
anxious about today?

Tell God these worries now and then ask God to fill you with his peace and rest.



# Tuesday 16th June

Jesus stood and said in a loud voice, "Let anyone who is thirsty come to me and drink'

John 7:37

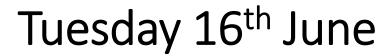
#### Dear God,

Some of us may feel that we are in dry and weary places. We may be facing difficulties and struggles and feel distance from you.

In these times Lord we pray for more of your presence, more of your love and more of your peace. We thirst for you today Lord.

Give us a greater awareness of how much we need you in every second.

Amen.



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Prayer for refugees https://www.youtube.com/watch?v=7YdMoOWyLJw







Spend some moments in prayer reflecting on these questions

 When you think of the word 'thirst' what images does it bring to mind?

 What is your experience of thirsting for God and wanting to get closer to him?

- How can you get closer to him today?
- For what are you thirsty?

# Wednesday 17<sup>th</sup> June





God our refuge, you share the journey with migrants and refugees, lightening their footsteps with hope. For you, Lord, are close to the broken-hearted. Pour out your Spirit upon world leaders. May they see the tragedies of our human family, and be moved to respond with wisdom, compassion and courage. Open our eyes and hearts to the God-given dignity of all your people. Move us to welcome our neighbours, and so bear witness to your love.

Through Christ our Lord, Amen.



# Thursday 18th June

Taizé chant: Let all who are thirsty come

https://www.youtube.com/watch?v=kfaBTOtU0KY

Let all who are thirsty come
Let all who wish to receive
The water of life freely
Amen come Lord Jesus
Amen come Lord Jesus



Taizé is a place in France where a community of Christian (catholic, Anglican, protestant, orthodox) brothers live together. The whole year they welcome young people to have a break fro the business of everyday life to work and pray and refresh themselves.







# 'To hunger and thirst for what is right means not looking the other way when you see someone wronged'

- FCJ The Faithfulness of God Prayer Book

Jesus, friend and brother,
You know what it is like to be hungry and thirsty.
You know the plight of the
stranger who is made unwelcome.
You know the suffering of all who have lost everything.
We pray that by welcoming the asylum seeker we may show love for our neighbour and draw closer to you.
Give us the strength and courage to look injustice in the eye, to stand up against it and to reach out to those in need.

Amen.







#### **Feast of the Sacred Heart**

Today's feast is celebration of the love of God, the God who loves us forever. It is a sign of the open heartedness of Jesus.

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"I was deeply moved by these words. I knelt in adoration and offered myself to God with my whole heart for all that he asked of me."

(Marie Madeleine)

Loving God, In our own time it is not difficult to recognise some of the ways in which Jesus is thirsting in our world. There are countless news items that draw our hearts and lead us to compassion. Help us to listen and to respond to what God is asking of each of us. Amen.





#### **Examen**

Be silent and place yourself in God's loving presence. Think about the good things that have happened this week and give thanks.

Who have you left a good memory with this week?

Look back over your week. Where have you felt joy and what has been difficult and challenged you? In the quiet of your heart, tell God about your experiences. Give thanks for who you are.

As you look ahead, with what spirit will you enter next week?

Ask God to help you.

#### Thought for the Weekend

#### Saturday 20<sup>th</sup> of June is World Refugee Day

#### **Loving God**

You know what it is like to be rejected, and to be an outsider. You call us to love our neighbours as ourselves, but we have hardened our hearts against strangers.

You told us not to judge, yet we listen to rumours and fail to check facts. We hear what is best for us and not what is good for those in need.

You said we must welcome everyone, those speaking different languages, and with different beliefs and cultures, but we have turned our backs on opportunities to widen our experience and we have shut out foreigners from our communities.

Forgive us and help us change. Amen.