

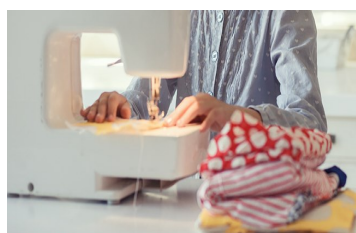
Enrichment Programme 2025-26

SIXTH FORM @ UPTON





Enrichment @ Sixth Form Upton



Sixth Form Enrichment

At Upton, our hope and expectation is that each young person grows into their best self, with zest for life and the generosity and confidence to use their talents and gifts in the service of others; our Sixth Form enrichment programme has been designed with this intention at its very heart; by providing students with the opportunity to explore a rich and varied set of activities that go beyond their academic studies so that they can thrive and develop as responsible young citizens.



SOLARDOME®

A green school sign with a gold crest at the top. The crest features a shield with 'UPTON HALL SCHOOL' and 'AGE QUOD AGIS' below it. The sign text reads 'Upton Hall School' in large white letters, followed by 'All visitors please report to reception' in smaller white letters, and a white arrow pointing to the right.

Upton Hall School

All visitors please
report to reception



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The Programme Structure

Our enrichment programme involves fortnightly lessons on Wednesday afternoons for students in Years 12 and 13. Students are given a choice about which enrichment pathway they wish to follow.

Some activities are qualifications or competitions which may mean that they will last for the duration of a student's enrichment for the year, whereas others (rotation subjects) are offered on a rotation basis to enable students to access a broad range of activities.

The programme structures for the respective year groups are set out below, and further details of each activity can be found on the following pages.

Year 12 Programme

Autumn Term

Spring Term

Summer Term

Enrichment options (Week A)

EPQ, Sports Leaders, Sign Language, Bar Mock,
STEM Young Leader Programme, Level 3 Sustainability

Or Rotation option = 3 activities on rotation

Year 13 Programme

Autumn Term

Spring Term

Summer Term

Enrichment options (Week B)

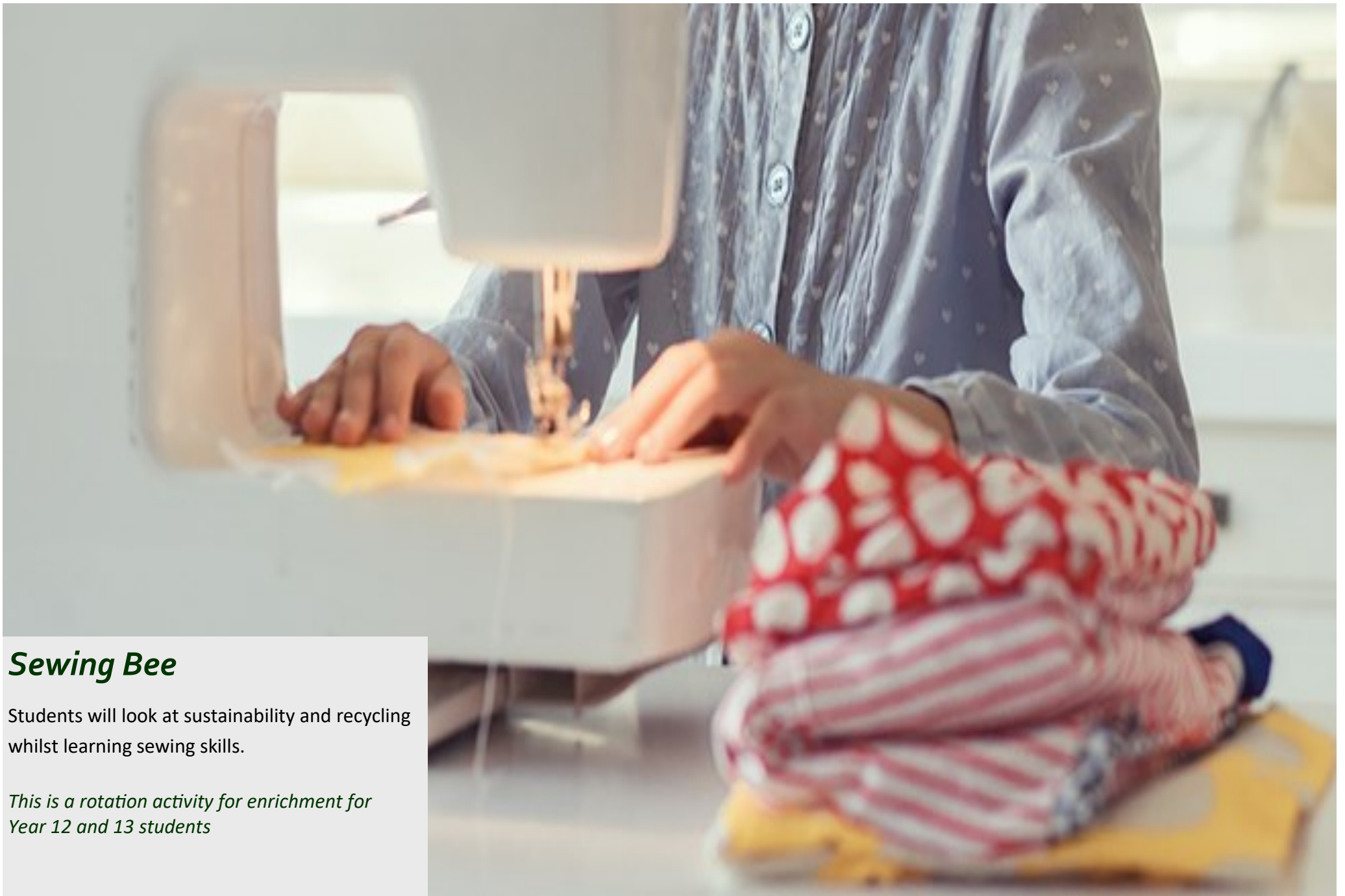
EPQ, Sports Leaders

Or Rotation option =
2 activities rotation

A Level
preparation

A Level
Exams

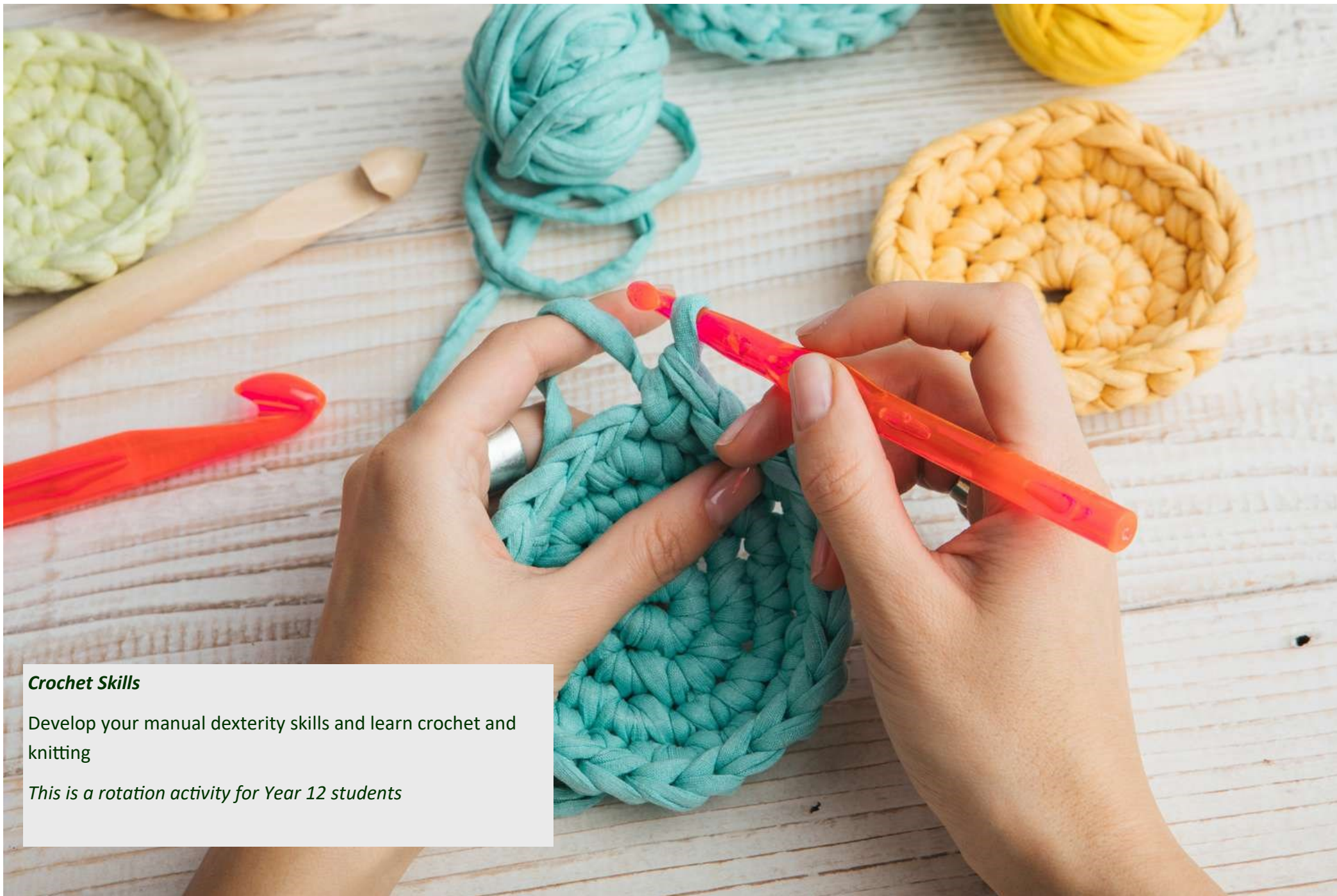




Sewing Bee

Students will look at sustainability and recycling whilst learning sewing skills.

This is a rotation activity for enrichment for Year 12 and 13 students



Crochet Skills

Develop your manual dexterity skills and learn crochet and knitting

This is a rotation activity for Year 12 students

Textiles and T-Shirts

A fun filled series of workshops from upcycling t-shirts to exploring batik and embroidery on textiles.

This is a rotation activity for Year 13 students



STEM Social

Students will be engaging in a selection of STEM related activities including knitting and gardening. Designed to help you learn new skills with a STEM related theme.

This is a rotation activity for Year 13 students





Critical Skills

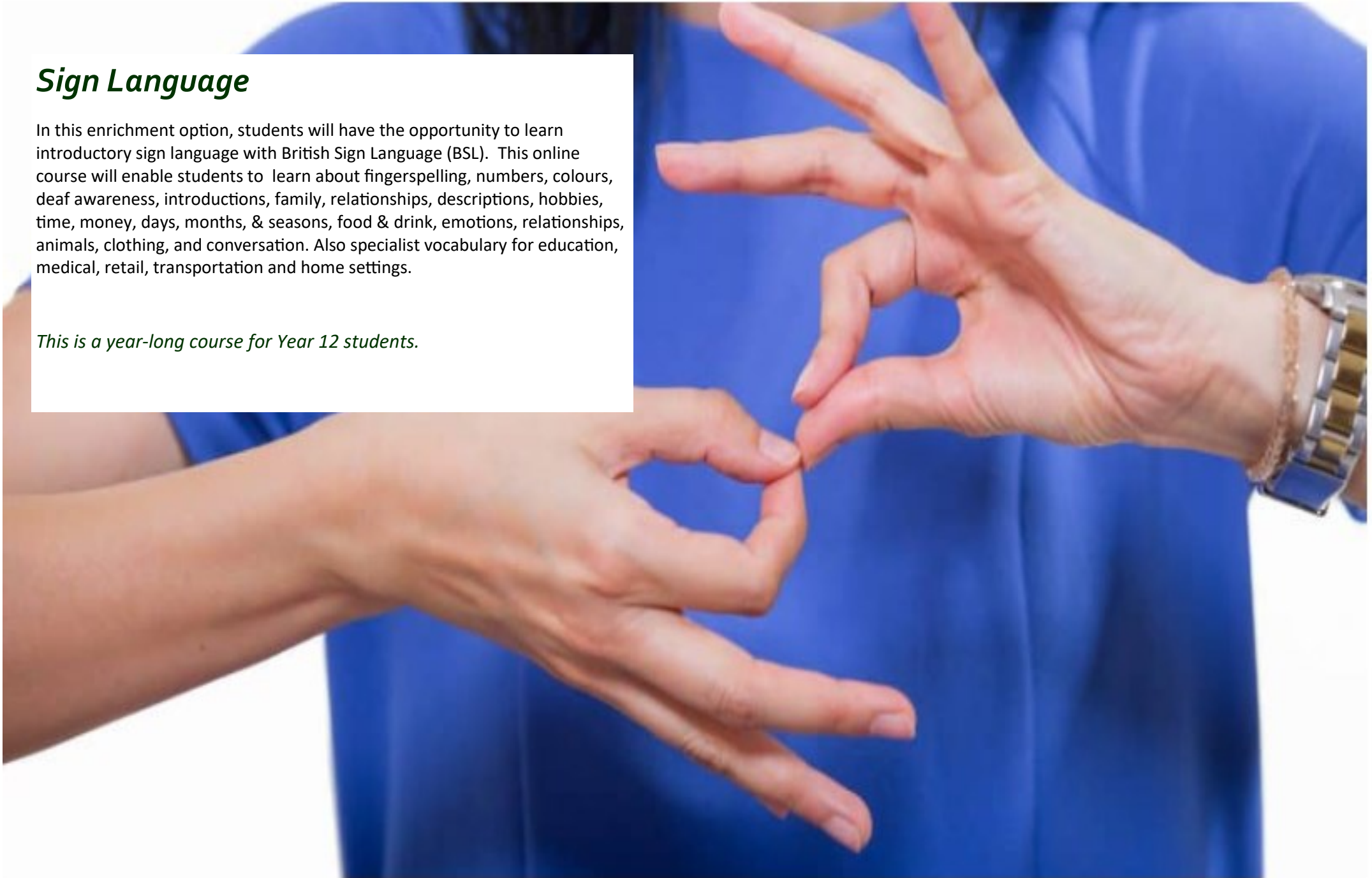
The Liverpool Football Club foundation course will look at participants gaining critical skills needed to thrive in a dynamic work place and successfully navigate challenges. They will look at teamwork, job interview techniques, communication strategies and creative problem solving approaches.

This is a rotation activity for Year 12 and Year 13 students

Sign Language

In this enrichment option, students will have the opportunity to learn introductory sign language with British Sign Language (BSL). This online course will enable students to learn about fingerspelling, numbers, colours, deaf awareness, introductions, family, relationships, descriptions, hobbies, time, money, days, months, & seasons, food & drink, emotions, relationships, animals, clothing, and conversation. Also specialist vocabulary for education, medical, retail, transportation and home settings.

This is a year-long course for Year 12 students.





Bar Mock Trial Competition

The Bar Mock Trial competition is a unique opportunity for students in Year 12 from all over the UK to gain unparalleled insight into the justice system.

The competition immerses students in all aspects of a criminal trial, as they take on the roles of barristers, witnesses, clerks, ushers and jury members.

Students appear in real crown courts in front of real judges and are assisted in their preparations by professional barristers.

Students are prepared for the competition in enrichment lessons with occasional, additional lunchtime rehearsals.

This is an excellent opportunity to gain an insight into the legal world and will also be a valuable addition to your personal statements.

This enrichment option is for one year for Year 12 students

Extended Project Qualification

(EPQ)

Students will follow the AQA Extended Project Qualification (EPQ) which is the equivalent to half an A Level. The AQA EPQ allows each student to embark on a largely self-directed and self-motivated project. Students must choose a topic, plan, research and develop their idea and decide on their finished product.

The EPQ is an excellent way of students engaging with a topic beyond their A Level studies; the qualification encourages creativity and curiosity and it develops students' academic skills of evaluative research methods.

Taught sessions are provided on Friday mornings by our EPQ Co-ordinator, in addition to the directed research time during Wednesday enrichment lessons.

The final EPQ consists of:

- research based written report
- production* (eg charity event, fashion show or sports event etc)
- an artefact* (eg piece of art, a computer game or realised design)

*A written report must accompany these options.

Students must also record their project process in their Production Log. The process of recording and completing a project is as important as the finished product. Both the Production Log and Product will be assessed.

This is not a rotation option and students must commit to the EPQ in Years 12 and 13, as it is a qualification.





Sports Leadership Award Level 3

The Level 3 Certificate in Higher Sports Leadership enables students to lead unsupervised groups of people in sport and recreational activities. It builds upon the skills and experience gained through the Level 1 and 2 Award in Community Sports Leadership. This qualification is worth 16 UCAS tariff points.

Students undertaking a qualification in Sports Leadership will learn and demonstrate important life skills such as effective communication and organisation whilst learning to lead basic physical activities of younger people, their peers, older generations and within the community.

The courses involve both guided and peer-to-peer learning and supervised leadership to ensure that learners have all the skills they need to lead basic physical activities to other people.

The sessions use sport to deliver fun and engaging physical activities with other students and within the community. Students will plan, lead and evaluate sports/physical activity sessions over a number of tutored hours and then demonstrate their leadership skills as part of their assessment.

Assessment will take place through the following methods:

- Practical observation – video/photos can be used to support this
- Questioning of underpinning knowledge - via worksheets
- Planning and evaluating leadership experience.

*This is not a rotation option and students must commit to the qualification in both Years 12 and 13. ** Year 12 students will be given further details re payment for this qualification*

OCR Level 3 Certificate in Sustainability

This is a 2 year enrichment activity for Year 12 and enables students to gain UCAS points. The course will cover -

- climate education
- sustainable practices
- linear vs circular economies
- greenwashing

Who should take it:

- Students who want to develop applied knowledge and skills in sustainability.
- Students who want to learn specialist subject knowledge and transferable skills that complement their Level 3 post-16 study programme in a similar way to an EPQ.
- Students looking to progress into the environmental conservation sector (e.g BSc (Hons) Climate, Sustainability and Environmental Management) or degree programmes where sustainability modules are becoming increasingly more common.





SCIENCE, TECHNOLOGY, ENGINEERING & MATHS

STEM Young Leaders

The STEM young leaders course will involve learning how to put together and trial practical experiments which you will then demonstrate and show younger students in STEM club.

This is a one year activity for enrichment Year 12 students



Upton Hall School FCJ

Upton, Wirral, Merseyside CH49 6LJ

Telephone: 0151 677 7696

Email: uhs@uptonhall.org

Headteacher: Mrs A Gaunt BSc (Hons), NPQH

