

# THE KITCHEN

— *at Upton* —

## WEEK ONE MENU

### MONDAY

Homemade beef chilli  
and rice with garlic  
bread

Quorn and vegetable  
chilli with rice & garlic  
bread

Pasta Cart

Deli

Baked Potato

### TUESDAY

Bbq chicken burger with  
roasted corn & new  
potatoes with crunchy  
slaw

Bbq quorn fillet burger  
with roasted corn &  
new potatoes with  
crunchy slaw

Pasta Cart

Deli

Baked Potato

### WEDNESDAY

Katsu chicken curry  
with basmati rice

Katsu curry with  
basmati rice

Pasta Cart

Deli

Baked Potato

### THURSDAY

Hot dog with  
potato wedges &  
beans

Quorn hot dog with  
potato wedges &  
beans

Pasta Cart

Deli

Baked Potato

### FRIDAY

Fish and chips with  
peas or beans &  
tartare sauce

Quorn goujons, chips,  
salad & sweet chilli  
sauce

Pasta Cart

Deli

Baked Potato