

THE KITCHEN

— *at Upton* —

WEEK THREE MENU

MONDAY

Chicken curry and rice
with naan bread

Veggie Curry, Rice &
Naan Bread

Pasta Cart

Deli

Baked Potato

TUESDAY

Cumberland sausage
and mash potato in a
yorkshire pudding with
gravy and vegetables

Quorn sausages and
mash in a yorkshire
pudding with gravy and
vegetables

Pasta Cart

Deli

Baked Potato

WEDNESDAY

Southern Fried
Chicken Burger,
Salad & Chips

Southern Fried
Quorn Burger,
Salad & Chips

Pasta Cart

Deli

Baked Potato

THURSDAY

Peri-Peri chicken
with mexican rice

Peri-Peri quorn with
mexican rice

Pasta Cart

Deli

Baked Potato

FRIDAY

Cod goujons, Chips,
Peas or Beans &
Homemade Tartare
Sauce

Halloumi Burger,
Chips, Peas or Beans

Pasta Cart

Deli

Baked Potato