

# THE KITCHEN

— *at Upton* —

## WEEK ONE MENU

### MONDAY

Homemade beef chilli and rice with garlic bread

Quorn and vegetable chilli with rice and garlic bread

Pasta Cart

Deli

Baked Potato

### TUESDAY

Chicken gyros with honey roasted new potatoes & salad

Vegetable and quorn gyros with honey roasted new potatoes & salad with tzatiki

Pasta Cart

Deli

Baked Potato

### WEDNESDAY

Beef Burger with curly fries & Beans

Veggie Burger with curly fries & Beans

Pasta Cart

Deli

Baked Potato

### THURSDAY

Cheese & Pepparoni Pizza with roasted new potatoes & corn on the cob

Cheese & Tomato Pizza with roasted new potatoes & corn on the cob

Pasta Cart

Deli

Baked Potato

### FRIDAY

Southern Fried Cod goujons, Chips, Peas or Beans & Sweet Chilli Mayo

Quorn Goujons, Chips, Salad & Sweet Chilli Sauce

Pasta Cart

Deli

Baked Potato