

THE KITCHEN

— *at Upton* —

WEEK ONE MENU

MONDAY

Homemade beef
chilli and rice with
garlic bread

Quorn and
vegetable chilli with
rice and garlic bread

Pasta Cart

Deli

Baked Potato

TUESDAY

Chicken gyros with
honey roasted new
potatoes & salad

Vegetable and
quorn gyros with
honey roasted new
potatoes & salad
with tzatiki

Pasta Cart

Deli

Baked Potato

WEDNESDAY

Beef Burger with
curly fries & Beans

Veggie Burger with
curly fries & Beans

Pasta Cart

Deli

Baked Potato

THURSDAY

Cheese & Pepparoni
Pizza with roasted
new potatoes &
corn on the cob

Cheese & Tomato
Pizza with roasted
new potatoes &
corn on the cob

Pasta Cart

Deli

Baked Potato

FRIDAY

Southern Fried Cod
goujons, Chips, Peas
or Beans & Sweet
Chilli Mayo

Quorn Goujons,
Chips, Salad &
Sweet Chilli Sauce

Pasta Cart

Deli

Baked Potato