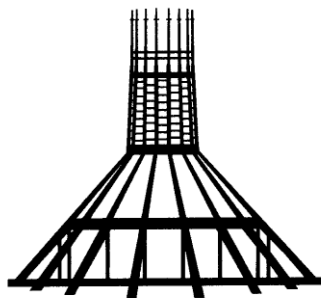


UPTON HALL SCHOOL FCJ ANNUAL MASS



Saturday 9 November 2024 at 11.00am



**Metropolitan Cathedral
of Christ the King Liverpool**

INTRODUCTORY RITES

All stand and join in singing

ENTRANCE HYMN

All creatures of our God and King,
lift up your voice and with us sing
alleluia, alleluia!

Thou burning sun with golden beam,
thou silver moon with softer gleam:

*O praise him, O praise him,
alleluia, alleluia, alleluia!*

Thou rushing wind that art so strong,
ye clouds that sail in heaven along,
O praise him, alleluia!

Thou rising morn, in praise rejoice,
ye lights of evening, find a voice:

O praise him ...

Thou flowing water, pure and clear,
make music for thy Lord to hear,
Alleluia, alleluia!

Thou fire so masterful and bright,
that givest us both warmth and light:

O praise him ...

Dear mother earth, who day by day
unfoldest blessings on our way,
O praise him, alleluia!
The flowers and fruits that in thee grow
let them his glory also show.

O praise him ...

Let all things their Creator bless,
and worship him in humbleness,
O praise him, alleluia!
Praise, praise the Father, praise the Son,
and praise the Spirit, Three in One.

O praise him ...

Please remain standing for the GREETING

In the name of the Father,
and of the Son, and of the Holy Spirit.

R. Amen.

The Lord be with you.

R. And with your spirit.

PENITENTIAL RITE

Father Michael Coughlan introduces the Mass and the Head Girl, Zara Lee will welcome our special guests on behalf of the School.

Father Michael Coughlan then leads the Penitential Rite

R. Lord, have mercy.

R. Christ, have mercy.

R. Lord, have mercy.

GLORIA *Soloists: Zoe Graham & Evelyn Holmes*

All join in singing the refrain

R.



Clare Hulme (b1982)

COLLECT

God of power and mercy,
protect us from all harm.

Give us freedom of spirit
and health in mind and body
to do your work on earth.

We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
one God, for ever and ever. **R. Amen.**

Please be seated for our readings

LITURGY OF THE WORD

FIRST READING

Read by Eve Atherden, Deputy Head Girl

A reading from Colossians 3: 12-17.

Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you. And over all these virtues put on love, which binds them all together in perfect unity.

Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful. Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts. And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.

The Word of the Lord. **R. Thanks be to God.**

RESPONSORIAL PSALM

All join in singing the refrain after the Cantor



Sung by Amelia Keane

Psalm 145(146): 6c-7, 8-9a, 9b. 10.

It is the Lord who keeps faith for ever,
who is just to those who are oppressed.
It is God who gives bread to the hungry,
the Lord, who sets prisoners free. **(R)**

It is the Lord who gives sight to the blind,
who raises up those who are bowed down,
the Lord, who loves the just
the Lord, who protects the stranger. **(R)**

The Lord upholds the widow and orphan
but thwarts the path of the wicked.
The Lord will reign for ever,
Zion's God, from age to age. **(R)**

Please stand for the Gospel Acclamation

GOSPEL ACCLAMATION

The Book of the Gospels is carried in procession to the lectern.

All join in singing after the Soloist, Harriet Peers



GOSPEL

The Lord be with you.

R. And with your Spirit.

A reading from the holy Gospel according to Mark 1:14-20

R. Glory to you, O Lord.

The First Disciples

After John had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. There he proclaimed the Good News from God. 'The time has come', he said, 'and the Kingdom of God is close at hand. Repent, and believe the Good News.'

Jesus was walking along by the Sea of Galilee, he saw Simon and his brother Andrew casting their nets into the sea, for they were fishermen. Jesus said to them, "Come, follow me, and I will make you fishers of men." Immediately, they abandoned their nets and followed him.

As he proceeded farther, he saw James, the son of Zebedee, and his brother John. They also were in a boat mending their nets. Immediately, he called them, and they left their father Zebedee in the boat with the hired workers and followed him.

The Gospel of the Lord. **R. Praise to you, Lord Jesus Christ**

Please be seated

HOMILY- *Father Michael Coughlan*

Please stand for the PRAYERS OF THE FAITHFUL

PRAYERS OF THE FAITHFUL

Bidding prayers to be read by members of the Upton Hall community.

*All join in singing the response **R.** after each intention*

R. O Lord hear my prayer, O Lord hear my prayer, when I call, answer me.
O Lord hear my prayer, O Lord hear my prayer, come and listen to me.

Read by Charlie Davenport – Year 13

As we gather together today, we celebrate the FCJ values of excellence, companionship, dignity, hope and gentleness that unite us as one. We pray that we continue to emanate these moral principles to those around us, promoting harmony and goodwill amongst all, especially during times of injustice. We plead for more peace and less violence among humankind, to protect us from further loss of life and innocence. **R.**

Read by Issey Dudley - Year 12

We pray for Pope Francis, that he can be guided by your Holy Spirit to lead the Catholic church with love and wisdom. We pray for all church leaders, in particular the Bishop and priests within our diocese, that they can continue to be shepherds to your flock and enable us to become the best version of ourselves. **R.**

Read by Grace Maloney – Year 11

We pray for our world, for those living in poverty and in areas of conflict. We pray in particular for children who are longing for safety or who have been separated from loved ones. Lord Jesus lead your people to peace. **R**

Read by Esme Banks– Year 10

In this month of November, we remember all those we have loved who have passed away. We pray for past members of the FCJ community who have been leaders within our school. We pray for any family members or friends that we have lost this year and we pray for the Lord's consolation and strength for all

those who are mourning. **R.**

Read by Esme Spencer-Hughes – Year 9

This year marks the 175th anniversary of our school. We thank you for all the staff and students who went before us, as well as our current teachers and friends, for our parents and for all those who support us. Thank you for all the rich opportunities that we have within our school. May we have generous hearts and keep in mind the needs of our community and show compassion towards those in need. **R.**

Read by Olivia Cassar-Simmonds – Year 8

At Upton Hall we have many opportunities to make the world a better place. We pray for all the charities we are raising money for. We pray especially for Jane whose education we will be sponsoring this year in Kenya as well as the many local charities we support. May our prayers and actions bring hope and justice to those who are less fortunate. **R.**

Read by Daisy Fry – Year 7

We ask God to bless our vibrant school community. We praise you for the companions you have blessed us with. May everyone who joins our school feel welcome and loved equally. May everyone all around us have feelings of hope and kindness towards one another, spreading far and wide in the years to come. **R.**

Zara Lee – leads the Hail Mary.

*Please join us as we turn to Our Lady, Mary Mother of God and
mother of us all, to intercede for us as we say:*

Hail Mary, full of grace,
the Lord is with you.
Blessed are you among women
and blessed is the fruit of your womb Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.

Please be seated for our collection and offertory procession.

Our charity collection today is for 'Change a Child's Life'. This academic year we are sponsoring a child's education (Jane) in Kenya and we would appreciate your support.

LITURGY OF THE EUCHARIST

PREPARATION OF THE GIFTS

The gifts of bread, wine and water are carried forward, together with gifts representing aspects of our School. A collection will be taken for our designated charity. The Offertory is the ceremonial presentation of the gifts of bread and wine by members of our school community. As we are all participants in the offering of the Mass, these gifts will symbolise our desire for Fr Coughlan to celebrate the sacrifice of the Mass. We bring before God the following Eucharistic gifts:

- Our school community's remembrance books remembering our deceased loved ones. These gifts are brought forward by Lily Vanderwerff (Year 9 student) and Amy Moroney (Year 10 student).*
- Gifts for our designated charity - 'Change A Child's Life'. Thank you for all your contributions during this offertory collection. These gifts are brought forward by Maddie McGreavey (Deputy Head Girl) and Mrs Anne Marie Wood who represent the student and staff bodies. Mrs Wood is our longest serving teacher at Upton Hall.*
- Gifts of bread and wine for our celebration of Mass today. This offering of bread and wine reminds us to symbolically place our hearts on the altar to be transformed. These gifts are brought to the altar by Mrs Sharon Moore (Foundation Governor) and students at different points of their educational journey at Upton Hall, Eleanor Duncan (Deputy Head Girl) and Myla Davies-Kennedy (Year 7 student).*

Please join in singing our School Hymn, 'The Magnificat'

My soul doth magnify the Lord

And my spirit hath rejoiced in God, my saviour

My soul doth magnify the Lord

And my spirit hath rejoiced in God, my saviour.
For he hath regarded the lowliness of his handmaiden
For he hath regarded the lowliness of his handmaiden.
For behold, for behold from henceforth,
All generations shall call me blessed.
For behold, for behold from henceforth,
All generations shall call me blessed.
For he that is mighty hath magnified me,
And holy is his name and holy is his name;
And holy is his name.
My soul doth magnify the Lord,
And my spirit hath rejoiced in God, my saviour,
For he that is mighty hath magnified me,
And holy, holy is his name.
Holy is his name.

Pray, brothers and sisters,
that my sacrifice and yours may be acceptable to God,
the almighty Father.

All stand and say:

**May the Lord accept the sacrifice at your hands
for the praise and glory of his name,
for our good and the good of all his holy Church.**

PRAYER OVER THE GIFTS

God of mercy,
in this eucharist we proclaim the death of the Lord.
Accept the gifts we present
and help us follow him with love,
for he is Lord for ever and ever. **R. Amen.**

EUCCHARISTIC PRAYER

The Lord be with you **R. And with your spirit.**
Lift up your hearts. **R. We lift them up to the Lord.**

Let us give thanks to the Lord our God. **R. It is right and just.**

Father, it is our duty and our salvation,
always and everywhere to give you thanks
through your beloved Son, Jesus Christ.
He is the Word through whom you made the universe,
the Saviour you sent to redeem us.
By the power of the Holy Spirit
he took flesh and was born of the Virgin Mary.
For our sake he opened his arms on the cross;
he put an end to death
and revealed the resurrection.
In this he fulfilled your will
and won for you a holy people.
And so we join the angels and the saints
in proclaiming your glory as we sing:

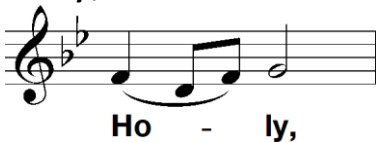
SANCTUS *Soloist: Isla Morrison*

All join in repeating each phrase after the Soloist

Holy,



Holy,



Holy Lord, God of hosts.



Heaven and earth are full of your glory. Hosanna in the highest.



Blessed is he who comes in the name of the Lord. Hosanna in the highest.



*Upton Hall Responsorial Mass
Clare Hulme (b1982)*

Please kneel or be seated.

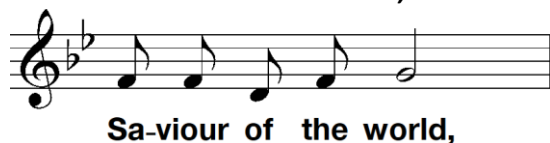
MEMORIAL ACCLAMATION *Soloist: Devin Whelligan-Woodworth*

All join in repeating each phrase after the Soloist

Save us,



Saviour of the world,



For by your cross and resurrection,



You have set us free,



The Eucharistic Prayer concludes

Through him, and with him, and in him,
O God, almighty Father,
in the unity of the Holy Spirit,
all glory and honour is yours,
forever and ever

GREAT AMEN *Soloist: Olivia Taylor*

All join in repeating each phrase after the Soloist

Amen.



Amen.



Amen.



COMMUNION RITE

All stand and join together in saying the Lord's Prayer:

Our Father who art in Heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,

as we forgive those who trespass
against us;
and lead us not into temptation,
but deliver us from evil
Amen.

Fr Coughlan continues

Deliver us, Lord, we pray, from every evil,
graciously grant peace in our days,
that, by the help of your mercy,
we may be always free from sin
and safe from all distress,
as we await the blessed hope
and the coming of our Saviour,
Jesus Christ.

R. For the kingdom, the power and the glory are yours now and forever.

Lord Jesus Christ,
who said to your Apostles:
Peace I leave you, my peace I give you,
look not on our sins,
but on the faith of your Church,
and graciously grant her peace and unity
in accordance with your will.
Who live and reign for ever and ever.
R. Amen.

THE SIGN OF PEACE

The peace of the Lord be with you always.
R. And with your spirit.

AGNUS DEI *Soloist: Sadie Pearson*

All join in repeating each phrase after the Soloist

Lamb of God,



Lamb of God,

You take away the sins of the world



You take a-way the sins of the world,

Have mercy on us



Have mer-cy on us.

Final time

Grant us peace.



Grant us peace.

All kneel or sit as Fr Coughlan says

Behold the Lamb of God,

behold him who takes away the sins of the world.

Blessed are those called to the supper of the Lamb.

All join in saying

R. Lord, I am not worthy

that you should enter under my roof,

but only say the word

and my soul shall be healed.

COMMUNION MOTETS

The Choir sings "Panis Angelicus" by César Franck, followed by "Ave Verum Corpus" by Wolfgang Amadeus Mozart.

Panis angelicus

Fit panis hominum

Dat panis coelicus

Figuris terminum

O res mirabilis

Manducat dominum

Pauper, pauper

Servus et humilis

May the Bread of Angels
Become bread for mankind;
The Bread of Heaven puts
All foreshadowings to an end;

Oh, thing miraculous!
The body of the Lord will nourish
the poor, the poor,
the servile, and the humble.

César Franck (1822-1890)

*Ave, ave verum corpus
natum de Maria Virgine.
Vere passum, immolatum
in cruce pro homine:
Cuius latus perforatum
unda fluxit et sanguine:
Esto nobis praegustatum
in mortis examine.*

Hail, true Body, born
of the Virgin Mary,
having truly suffered, sacrificed
on the cross for mankind,
from whose pierced side
water and blood flowed:
Be for us a sweet foretaste
in the trial of death!
Wolfgang Amadeus Mozart (1756-1791)

COMMUNION HYMN

All join in singing

Be thou my vision, O Lord of my heart,
be all else but naught to me, save that thou art;
be thou my best thought in the day and the night,
both waking and sleeping, thy presence my light.

Be thou my wisdom, be thou my true word,
be thou ever with me, and I with thee Lord;
be thou my great Father, and I thy true son;
be thou in me dwelling, and I with thee one.

Be thou my breastplate, my sword for the fight;
be thou my whole armor, be thou my true might;
be thou my soul's shelter, be thou my strong tower:
O raise thou me heavenward, great Power of my power.
Riches I heed not, nor man's empty praise:
be thou mine inheritance now and always;

be thou and thou only the first in my heart;
O Sovereign of heaven, my treasure thou art.

High King of heaven, thou heaven's bright sun,
O grant me its joys after victory is won;
great Heart of my own heart, whatever befall,
still be thou my vision, O Ruler of all.

PRAYER AFTER COMMUNION

Lord,
we thank you for the nourishment you give us
through your holy gift.
Pour out your Spirit upon us
and in the strength of this food from heaven
keep us single-minded in your service.
We ask this in the name of Jesus the Lord.
R. Amen.

CONCLUDING RITE

The Choir sings

The Lord bless you and keep you: the Lord make his face to shine upon you and
be gracious upon you. The Lord lift up the light of his countenance upon you and
give you peace. Amen.

John Rutter (b1945)

Please stand for the SOLEMN BLESSING and DISMISSAL

The Lord be with you.

R. And with your spirit.

May almighty God bless you:
the Father, and the Son, and the Holy Spirit.

R. Amen.

The Mass is ended, go forth in peace

R. Thanks be to God.

(Once Fr Coughlan leaves the altar, the congregation are free to leave too).

RECESSIONAL HYMN

All join in singing

Love divine, all loves excelling,
joy of heaven, to earth come down:
fix in us your humble dwelling,
all your faithful mercies crown.
Jesus, you are all compassion,
boundless love that makes us whole;
visit us with your salvation,
enter every trembling soul.

Breathe on us your loving Spirit;
every troubled heart be blessed:
let us all in you inherit,
let us find your promised rest.
Take away the love of sinning,
Alpha and Omega be;
end of faith, as its beginning,
set our hearts at liberty.
Come, almighty to deliver,
let us all your grace receive;
suddenly return, and never,
nevermore your temples leave:
you we would be always blessing,
serve you as your hosts above,
pray and praise you without ceasing,
glory in your perfect love.

Finish then your new creation,
pure and sinless let us be;

let us see your great salvation
perfect in eternity:
changed from glory into glory
till in heaven we take our place,
till we lay our crowns before you,
lost in wonder, love and praise.

ORGAN VOLUNTARY

We would like to take this opportunity to thank all the parents/carers and students of Upton Hall for your participation and support in today's Mass to celebrate the 175th Anniversary of Upton Hall FCJ. We chose our readings, prayers and music to align with our Catholic ethos and FCJ values.

Our opening hymn 'All Creatures of Our God and King' was chosen as it put Christ at the Centre of today's Mass and in all we do in our school.

Our first reading from Colossians reminds us that we are all individually unique and chosen by God and are blessed with various virtues including gentleness and compassion.

We have chosen this Gospel story because we are reminded that Jesus "proclaimed the good news from God". This year we celebrate 175 years of the "good news" being proclaimed at Upton Hall.

Offertory hymn: Our school hymn 'The Magnificat' has been chosen to remind us of the importance of Our Lady as our spiritual mother in our lives. This hymn is sung and enjoyed by FCJ communities around the world. In singing joyfully to the Lord, we also unite ourselves in praise with the FCJ community.

Our Communion hymn, 'Be Thou My Vision' reminds us of the importance of God's vision as well as our FCJ vision and values.

Our recessional hymn is a reminder at the end of today's celebration of Mass that God's love will conquer all.

The staff and pupils of Upton Hall School would like to thank Fr Coughlan for leading our celebration today and the Dean and staff of the Cathedral for their help and support in the preparation of our 175th Anniversary Mass. Thank you.

PLEASE ENSURE THAT MOBILE TELEPHONES ARE SWITCHED OFF.
The use of private cameras, video or sound recording equipment
is strictly prohibited in the Cathedral

As Mass ends, or at another time, you may wish to donate
to our designated charity, 'Change A Child's Life'.

Charity Donation



**Please be careful and take your time as you leave the Cathedral.
Please use the handrails provided on either side of the steps
and avoid walking down the middle section of the steps.**

www.liverpoolmetrocathedral.org.uk

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PLEASE TAKE THIS ORDER OF SERVICE WITH YOU OR HAND IT TO A STEWARD AS YOU LEAVE. THANK YOU.